

**Matthew 12:1-14**  
**The Lord and the Sabbath**

- I. The conflict over the Sabbath is really a conflict over Jesus.
  - A. Is it lawful to pick an apple on the way to church? [Deuteronomy 23:25; Exodus 12:16]
  - B. Is it lawful to eat what is left of the communion loaf after the Lord's Supper celebration is finished? [Leviticus 24:5-9; 1Samuel 21:6]
  - C. If we're supposed to rest from work on the Lord's Day, how come the pastor works?
  
- II. Jesus has come to fulfill all that the Sabbath signifies.
  - A. Jesus is greater than the temple. [Malachi 3:1; Matt 23:21; John 2:19]
  - B. Jesus teaches the truth, which is more gracious than the traditions of men. [Matt 23:23; Luke 11:46; Psalm 85:10]
  - C. Jesus is greater than the Sabbath because he is its Lord. [Genesis 2:3; Exodus 31:16; Isaiah 56:6; Ephesians 2:14]
  - D. Jesus is the fulfillment of the Sabbath because in him the afflicted are healed, those who labor and are heavy laden are given rest, weary souls find rest. [Acts 7:51; Mark 3:5]
  
- III. If you recognize that Jesus is the Lord of the Sabbath, how do you live out your belief?
  - A. The Sabbath in Christ is designed for your good. [Hebrews 10:24-25]
  - B. Respect the Lord Jesus on the Christian Sabbath. [Hebrews 4:9]
  - C. It is lawful to do good on the Sabbath.
  - D. It is good to worship God together through Jesus Christ, the Lord of the Sabbath.