

First Reformed Presbyterian Church of Cambridge, Massachusetts
The Lord's Day, 29 January Anno Domini 2005

1John 3:19-24

How to assure our hearts.

- I. We deal with a condemning heart by loving the brethren.
 - A. A condemning heart will cool Christian ardor.
 - B. Our heart may have good reasons for condemning us.
 - C. Our heart may not have good reasons for condemning us.

- II. We deal with a condemning heart by remembering that God knows all things.
 - A. Knowledge is what quiets a condemning heart.
Psalm 139:12; Psalm 103:14; John 21:17.
 - B. God has designed the means of grace to help us through such hard times.

- III. We can engage in confident prayer with an assured heart.
 - A. If our heart does not condemn us, v. 21...
 - B. Whatever we ask we receive from him.
 - C. The blessed children of God desire to please the Father.
John 8:29; Ephesians 5:8-10; Job 22:23-27.

- IV. We abide in holy fellowship with God.
 - A. If we keep his commandments.
 - B. To believe on the name of his Son Jesus Christ.
 - C. To enjoy holy fellowship with God.
Romans 5:5.