In this paper I will attempt to do four things:

1. First, I will try to state clearly what the Regulative Principle of Worship is, and where it came from. It is my contention that it is an apostolic principle taught as clearly in the New Testament as in the Old, and that this precept—and the practice prescribed by it—is normative for the church until Jesus returns. I will refer to this principle through the rest of my paper as the RPW.

2. I will then refer to John Calvin's teaching and practice.

3. I will then go on to show how this principle was faithfully articulated in the Reformed catechisms and confessions, and applied with integrity in the worship practice of Presbyterian and Reformed Churches during the historical period in which our Reformed Confessions were formulated.

4. Then I will endeavor to show how Presbyterian and Reformed Churches in recent times have stretched the RPW to the breaking point.

5. And then, finally, I will state my conclusions and suggest a few modest reforms that are urgently needed.

1 - The RPW Stated and Defended

Let me begin by simply stating what I understand the RPW to be. It is, quite simply, the application of the fundamental principle of the Reformation ('Sola Scriptura') to the sphere of worship. And it has never been expressed more succinctly than it is in the Heidelberg Catechism. The Catechism asks (in Q. 96) "What does God require in the second commandment?" The answer is: "That we in no wise make any image of God, nor worship Him in any other way than He has commanded." As Zacharius Ursinus—an author (if not the author) of this catechism—explained it, "The end, or design of this commandment is, that the true God...be worshipped under a proper form...such as is pleasing to him, and not with such worship as that which is according to the imagination and device of man...[and] that the worship of God as prescribed be preserved pure and uncorrupted." Or to say the same thing more briefly "To worship God truly, is to worship him in the manner which he himself has prescribed."3

Direct Scriptural Support for the RPW

It is important to note that the word "commanded" is not to be taken to mean only what is found in Scripture in the form of direct, verbal commandments. There is no direct, verbal commandment, for instance, that says—in so many words—that we are to baptize infants. That is why the Reformed confessions not only used the word 'commanded', but also such words as 'instituted' and 'prescribed.' If a worship practice can be shown to have apostolic sanction or approval, then that worship practice has the same normative force as it would have if it came in the form of a direct commandment. Or, to say the same thing in a different way, if we find that a certain practice had apostolic sanction then that is sufficient proof that the practice is something the Lord has commanded. In other words, we do not find that everything commanded by our Lord is recorded in Scripture in the form of a direct commandment. But by good and necessary inference drawn from Scripture we can be certain as to what does—or, conversely, does not—have divine authorization.


3 Ibid. To much the same effect is the Westminster Shorter Catechism answer #51: "The second commandment forbiddeth the worshipping of God by images, or any other way not appointed in his word." The Westminster Larger Catechism further explains that the commandment forbids "all superstitious devices, corrupting the worship of God, adding to it, or taking from it, whether invented and taken up of ourselves, or received by tradition from others, though under the title of antiquity, custom, devotion, good intent, or any other pretence whatsoever... and opposing the worship and ordinances which God hath appointed."
The RPW is clearly taught in the Old Testament Scriptures. Even those who want to modify—or entirely eliminate—the RPW are willing to concede as much. Once the central sanctuary was established in Israel (in the Tabernacle, in the time of Moses, and later on in the Temple, in the time of Solomon) the only place at which sacrifices could be offered up to God, with his approval, was at that location. No legitimate worship could be offered up to God except in dependence upon the prescribed priestly mediation that was effected by way of these sacrifices. For “without the shedding of blood” at the place and in the manner prescribed by God, there could not then—as there cannot now—be a remission of sin (Heb. 9:22). The relationship of the Old Testament believer to the Tabernacle or Temple, in other words, was analogous to our own relationship to the heavenly sanctuary (Heb. 12). Just as in ancient Israel people worshiped toward God’s holy temple, so today there is still only one center to which we all must look by faith, namely, the heavenly sanctuary where our great High Priest, the Lord Jesus, makes intercession for us.

When our Lord met with his disciples after his resurrection he said: “All authority has been given to me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.” The words in bold type are of great importance in understanding the RPW in the Christian Church because it is clear from these words that there is no legitimate authority in the Christian Church which is not found in, or received from, the Lord Jesus Christ. Even the Apostles—who together with Christ and his prophets are the Church’s foundation (Eph. 2:20)—had no authority except what they received from him. I therefore believe Calvin understood these momentous words of our Lord correctly when he wrote: “he sends away the Apostles with this reservation, that they shall not bring forward their own inventions, but shall purely and faithfully deliver, from hand to hand (as we say), what he has entrusted to them.”

Jesus had shown his apostles how man-made traditions have a way of nullifying the commandments of God (Mk. 7:1-13). And that the apostles did not forget this lesson is clearly evident in their writings. They did not teach any doctrine that they had not received from their Lord (Cf. Gal. 1, Jude 4). But neither did they sanction any worship practice that they did not receive from him. This is clear from what the Apostle Paul wrote, concerning the sacrament of the Lord’s Supper, “...I received from the Lord” he writes, “that which I also delivered to you...” (1 Cor. 11:23). Since he was careful to pass on exactly what he had received from his Lord, it is not surprising that he spoke authoritatively—again and again—about what was, and what was not, to be allowed in the worship practice of the apostolic churches (1 Cor. 14). Women, for instance, were not permitted to speak during public worship (14:34,35). Men likewise—even those who had received special revelatory gifts by the laying on of the hands of the apostles—were subject to strict regulation (1 Cor. 14:27-32). And since the apostle boldly asserted that he had taught “the whole counsel of God” (Acts 20:27), it is not surprising that he issued an ominous warning to any who were of a mind to disregard his authority (1 Cor. 14:37).

Yet in spite of the faithful teaching of the apostles the tendency to depart from what God commands, in favor of what man wants, was clearly evident in the

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4 Rev. Steve Schlissel, who rejects the RPW as a mere human invention, nevertheless writes: “The locus classicus, the most frequent and important textual citation for the Regulative Principle of Worship is Deuteronomy 12:32. ‘What thing soever I command you, observe to do it: thou shalt not add thereto, nor diminish from it.’ But here again, the regulativists [Rev. Schlissel’s name for those who still believe the RPW (GIW)] either ignore or overlook the setting. By isolating this particular verse from its context, its beauty is marred, its force is neutralized, and its power compromised.

5 OPC Pastor Peter Wallace says the Old Testament saints could not offer acceptable worship to God in their Synagogues because worship could only take place at the Temple. This clearly needs qualification. It is clear that there could be no true worship except in connection with, and in dependence upon, what was constantly going on in the temple. But this was possible spiritually whether a believer was 40 feet, or 40 miles from the Temple per se. (Note Psalm 5:7; Daniel 6:10 etc.)

6 I would refer the reader, here, to my more extensive review of the Old Testament evidence for the regulative principle (http://homepage2.rconn-ect.com/giwopc/).

7 Matthew 28:18-20
apostolic churches. Time and again it is clear that there was a desire to be in bondage again to the weak and beggarly elements of the Old Testament ceremonial worship (Gal. 4:9,10). Some were also quite willing to submit to the yoke of “the commandments and doctrines of men” (Col. 2:22) in what the apostle called “self-imposed religion” (v. 23). The apostles wanted people to submit to a God-imposed religion! But such is the nature of men—yes, even regenerate men—that often the self-imposed was (and still is) much more appealing. Now wonder the apostle could say: “I am afraid of you, lest I have labored for you in vain!” (Gal. 4:11).

Indirect Scriptural Support for the RPW

It is also important to note the connection between the RPW and two other major biblical doctrines handed down to us by our Reforming Fathers. These are (1) the limits of church power, and (2) the rights of the individual Christian’s conscience. As the Westminster Confession has formulated these, (1) “All synods or councils, since the apostles’ times, whether general or particular, may err; and many have erred. Therefore they are not to be made the rule of faith, or practice; but to be used as a help in both.” And (2) “God alone is Lord of the conscience, and hath left it free from the doctrines and commandments of men, which are, in anything, contrary to his Word; or beside it, if matters of faith, or worship.” When we come to worship God we have a God-given right (and sacred duty) to worship him with a clear conscience. But in order to have a clear conscience, as we worship him, we need to know for sure that what we are doing has his approval. But how can we know for sure that what we are doing in worship has his approval? The answer, I believe, is that the Lord himself must instruct us as he speaks to us in the Scriptures. It therefore follows that no one has a right to impose anything on us as something we ought to do in worship—whether it be doctrine or practice—unless it is authorized by the Lord Jesus himself, as that authorization is revealed in the testimony of the apostles. And the fact is that many things have gradually found acceptance in Reformed Churches that lack clear divine sanction.

In Paul’s first letter to the Corinthians he makes an awesome claim. He claims that he is the architect (architectw) of God’s final Temple.

“According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one’s work, of what sort it is. If anyone’s work which he has built on it endures, he will receive a reward. If anyone’s work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. Do you not know that you [or ‘ye’ as in the KJV] are the temple of God and that the Spirit of God dwells in you?” (1 Cor. 3:10-13)

So the Christian Church is the final Temple, and the plan for the building of that Temple was revealed to Paul the apostle. For him to say that he had taught the whole counsel of God is therefore one and the same with saying that he taught everything that our Lord has commanded. Therefore, anyone who wants to take part in building the final Temple—with God’s approval—will have to build on this apostolic foundation, following the architect’s instructions. And nowhere is this more important than in the matter of worship practice.

When we assemble on the Lord’s Day—wherever we may be geographically speaking—we are to realize that we are also seated in heavenly places (Eph. 2:6). When we worship God “in spirit and in truth” we “come to Mount Zion and to the city of the living God, the heavenly Jerusalem, to an innumerable company of angels” etc. Women are to be silent during worship—not because of some prejudicial whim of the Apostle, but because true worship takes place in the presence of the angels (1 Cor. 11:10). I take this to illuminate the meaning of our Lord’s words to the Samaritan woman (John 4). To worship God in Spirit—whatever else it may mean—certainly means this:

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8 Εθελοθρησκία.

9 This is, of course, quite selective. I believe, for example, that the doctrine of man’s total depravity—rightly understood—precludes his competence to devise anything to augment or improve upon what God has commanded in worship.

10 Westminster Confession of Faith, XXXI:3.

11 Westminster Confession of Faith, XX,2 (my emphasis).

12 John 4:24

13 Hebrews 12:22
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we, by the operation of the Holy Spirit, are enabled in mind and heart to ascend to heavenly places. We worship in Truth because it is no longer mere symbolic representations of heavenly things with which we have to do—as was the case with the Tabernacle and Temple worship. No, we now have the reality (Truth). The contrast, in other words, between the true worship that was and the true worship that now is—the contrast between the Old Testament worship and the New Testament worship—is summed up in these two terms. Now the ‘reality’ (Truth)—which the old symbolized—is actually ours in Christ Jesus through the Spirit. Yet how difficult it was for those early Jewish Christians (even the very apostles them-selves) to let go of the shadowy representations. One of the constant impediments to the well-being of the church that the apostle Paul had to deal with, repeatedly, concerned precisely this issue (Gal. 4, Rom. 14, Col. 2, etc.). And the impediment is with us still. Even today much of Christendom clings to the visible, shadowy symbolism that characterized the Tabernacle and Temple, preferring “weak and beggarly elements” to worship in Spirit and in Truth.

2 - The RPW as understood & applied by Calvin

It was Calvin—more than any other Reformer—who cut to the heart of the matter. He not only saw the issue clearly but also realized its supreme importance. “I know how difficult it is,” said Calvin, “to persuade the world that God disapproves of all modes of worship not expressly sanctioned by His Word. The opposite persuasion which cleaves to them—being seated, as it were, in their very bones and marrow—is, that whatever they do has in itself a sufficient sanction, provided it exhibits some kind of zeal for the honor of God. But since God not only regards as fruitless, but also plainly abominates, whatever we undertake from zeal to His worship, if at variance with H is command, what do we gain by a contrary course? The words of God are clear and distinct: ‘Obedience is better than sacrifice.’ And ‘in vain do they worship me, teaching for doctrines the com mandments of men.’” (1 Sam. 15:2 Matt. 15:9 [Italics mine].)

For Calvin the only remedy for the Roman church’s pervasive corruption was a return to apostolic precept and practice.14 He saw the apostolic church as the model for the true church in all subsequent history.15 And for Calvin this was supremely important? “If it be inquired, then, by what things chiefly the Christian religion has a standing existence among us, and maintains its truth, it will be found that the following two not only occupy the principle place, but comprehend under them all the other parts, and consequently the whole substance of Christianity, viz., a knowledge, first, of the mode in which God is duly worshipped; and, secondly, of the source from which salvation is to be obtained. Whence these are kept out of view, though we may glory in the name of Christians, our profession is empty and vain...” (p. 126, my emphasis: GIW). It is commonly said that justification by faith was the supreme concern of the great Reformers!16 But this was not the case, at least not for Calvin. For him the glory of God was the supreme concern, and only after that came the welfare of sinners. Hence the priority he gave to the mode in which God is to be worshiped—a priority fully maintained in virtually all of the great Reformed Catechisms and Confessions.17

I fail to see how we can honestly receive the Scriptures as the only infallible rule of our faith and practice, if we do not faithfully adopt this same model. For it is here alone—in the writings of the inspired apostles and the practices of the apostolic churches disclosed in them—that we learn what Jesus commanded.

14 This is clearly seen in his letter to Cardinal Sadolet! “I will not press you so closely as to call you back to that form which the apostles instituted, (though in it we have the only model of a true Church, and whosoever deviates from it in the smallest degree is in error,) but to indulge you so far, place, I pray, before your eyes, that ancient form of the Church, such as their writings prove it to

15 On Calvin and apostolic practice, see also Charles Garvice, The Origins of Calvin’s Theology of Music: 1536-1543, Transactions of the American Philosophical Society, vol. 69, pt. 4 (Philadelphia, 1979), p. 10 where he comments that, in the Articles of 1537, Calvin appeals to the practice of the apostolic church. “The Articles make clear that in addition to conformity to the word of God, Calvin intended to reconstruct as far as was possible the worship as well as the discipline of the ancient church, and in that church, as Saint Paul testified, the psalms had been sung. Such singing, therefore, was fully as integral to Calvin’s great vision of the whole life of the ancient church as was ‘that ancient, that is to say, apostolic, discipline of excommunication.’ Psalmody was an apostolic practice, a fact of profound importance for Calvin, underscored by his reference to the degeneration of contemporary liturgical music.”

16 This can perhaps be said, with more justification, of Luther.

17 See appendix A.
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3. The RPW as it was applied in Presbyterian and Reformed Churches.

Presbyterian and Reformed Churches, today, need to regain an understanding of Calvin's zeal for the apostolic-church model. They also need to appreciate what a profound blessing the RPW has been in their own past history. The impact of this consistent line of teaching by the Calvinistic Reformers was very great. That is why—for a considerable length of time—the worship which was to be found virtually everywhere, in Presbyterian and Reformed Churches, was marked by a chase simplicity. The word of God, and especially the preaching of the word of God, was central. And as long as these churches were blessed with faithful preaching of the Word, the people did not feel a need for all kinds of additions. In those days, a reformed believer could feel at home in most any Presbyterian or Reformed Church, anywhere in the world. Even if they visited a foreign country in which these congregations were located, they found pretty much the same song book that they had at home because they sang—if not quite exclusively, yet certainly overwhelmingly—from the Psalter. They also found the same simple elements in the worship services—the same sacraments, administered with unadorned simplicity—and even the same basic liturgy.

In this section of my paper I want to illustrate how important the RPW was originally to both Presbyterian and Reformed Churches, by referring to the way in which they applied it. I refer to two particulars, namely, the rejection of traditional Roman Catholic feast days and the preeminence of the Psalter.

The RPW and Special Days

Under the authoritative guidance of the apostles, one thing the apostolic church did not practice was any annual observance of special days such as Christmas and Good Friday (or even a specially designated annual Easter). Had there been any need for an annual Christmas day, for example, then surely the Lord himself would have been the first to realize it. And he could have provided what was needed to make it authentic. He could, for example, have made known the date of his own birth. And he could have commanded the apostles to teach the observance of such days in the Christian Church, right from the start. But he did not do so. That the observance of such days was not part of “the whole counsel of God” imparted to the apostles is very clear from the New Testament. There is no record of any kind of specific recognition—of observance—of any of these days in any of their writings. And there is evidence that the apostle Paul opposed the imposition of special days, in addition

18 Even Rev. Steve Schlissel—who says the RPW is a mere human invention—admits (even rather effusively) that it has been a tremendous blessing in our past history. One wonders how a mere human invention could ever have been so signally blessed of the Lord as Rev. Schlissel admits it to have been.

19 “Calvin built his form of worship on the foundation of Zwingli and Farel, and the services already in use in the Swiss Reformed Churches. Like his predecessors, he had no sympathy whatever with the Roman Catholic ceremonialism, which was overloaded with unscriptive traditions and superstitions. We may add that he had no taste for the artistic, symbolic, and ornamental features in worship. He rejected the mass, all the sacraments, except two, the saints’ days, nearly all church festivals, except Sunday, images, relics, processions, and the whole pomp and circumstance of a gaudy worship which appeals to the senses and imagination rather than the intellect and the conscience, and tends to distract the mind with the outward show instead of concentrating it upon the contemplation of the saving truth of the gospel.

He substituted in its place that simple and spiritual mode of worship which is well adapted for intelligent devotion, if it be animated by the quickening presence and power of the Spirit of God, but becomes jejune, barren, cold, and chilly if that power is waiting. He made the sermon the central part of worship, and substituted instruction and edification in the vernacular for the reading of the mass in Latin. He magnified the pulpit, as the throne of the preacher, above the altar of the sacrificing priest. He opened the inexhaustible fountain of free prayer in public worship, with its endless possibilities of application to varying circumstances and wants; he restored to the Church, like Luther, the inestimable blessing of congregational singing, which is the true popular liturgy, and more effective than the reading of written forms of prayer.” (History of the Christian Church, by Philip Schaff, ¶87, the Liturgy of Calvin).

20 “The Roman Catholic Church had gradually replaced the Psalter with Latin songs, many of which the people could not understand. After separating from the Roman Catholic Church, the reformed churches in Europe produced metrical versions of the Psalms in the vernacular, which they used as their book of praise in the public worship of God. Whether in Switzerland, France, Germany, Belgium, the Netherlans, or the British Isles, the people of the reformed churches loved and sung the psalms in their own tongue. For example, in 1574 the Synod of the reformed churches of the lowlands (Holland, Belgium, and parts of Germany) ordered that all the churches sing only from the Psalms of Dethan, which contained just the Psalms. The French Huguenots are known for their love of the Genevan Psalter produced by Beza and Marot. They sung the psalms both in public worship and daily life.” (The Content of Songs Used in Public Worship, by Archibald A. Allison, p. 1).

21 “It is a fact well known to Church historians that as spiritual life begins to wane, formalistic and extraordinary observances begin to increase. He who serves God in Spirit and with devotion will have little need for the unusual, and for constant innovations.” (The Church Order Commentary, by Idzerd Van Dellen and Martin Monsma, Zondervan Pub. Co., 1954 [Third Edition] p. 275.).
to the Lord’s day, on God’s people. I think Calvin is correct in saying the days they were beginning to observe in Galatia (Gal. 4:10ff.) were derived from Jewish tradition. And, if that is correct, I believe this Reformer was right when he said this has something weighty to teach us. This is the case because at least some of those days derived from Jewish tradition were days which God had once commanded. Yet the apostle strenuously opposed the imposition of even such days on the churches (just as he opposed the imposition of circumcision). How then, argued Calvin, can days that have never been appointed by God be justly imposed on the churches?

The answer that many give today is that Reformed Churches do not impose these days, they simply observe them ‘freely.’ But I do not find this convincing. Paul says—in Romans 14—that individual Christian believers, in apostolic churches, were free to decide for themselves whether or not they would observe any of these Old Testament feast days.

“Who are you to judge another’s servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand. One person esteems one day above another; another esteems every day alike. Let each be fully convinced in his own mind. He who observes the day, observes it to the Lord; and he who does not observe the day, to the Lord he does not observe it. He who eats, eats to the Lord, for he gives God thanks; and he who does not eat, to the Lord he does not eat, and gives God thanks” (Rom. 14:4-6).

A Christian was in no way obligated to observe these days, in other words, just as he was in no way obligated to be circumcised. Each individual was to be left to act freely, out of his own conscience, with no pressure put on him one way or the other. It was this very individual freedom, however, that was jeopardized when—in the Galatian churches—special days were being institutionalized.22 Then Paul was aroused to opposition. When the church in some official way sets the observance of days not commanded by the Lord, it intrudes upon the sacred sphere of conscience.23 And it is my conviction that many Presbyterian and Reformed Churches—at least in practical effect—have done the very same thing that was done in the church of Galatia. Church members are under considerable pressure to conform by participating in the observance of such days as Christmas and Good Friday even though it is admitted that God never instituted such observances. And, I might add, pastors are often put under even greater pressure to conform to these humanly ordained observances.

It is sometimes said, even by people who profess adherence to the reformed confessions, that the church has the right to prescribe such observances.24 But I cannot reconcile this with the teaching of the New Testament (or the Reformed Confessions). The apostle Paul even warns me against taking heed to angels from heaven if their teaching differs from that of the apostles (Gal. 1:6-9). He says we are free men—free from the doctrines and commandments of men—and that we ought to “stand fast... in the liberty by which Christ has made [us] free” (Gal. 5:1). “Therefore,” writes the Apostle, “if you died with Christ from the basic principles of the world, why, as though living in the world, do you subject yourself to regulations... according to the doctrines and commandments of men?” (Col. 2:20,22). People keep telling me that these days (that is, officially-appointed annual special days such as Christmas, Good Friday and Easter) are quite harmless—even beneficial. And I will not dispute the fact that, for many, they “indeed have an appearance of wisdom in self-imposed religion” (Col. 2:23). But the important thing is this: the inspired apostle says “these things” (invented and imposed by men) “are of no value.” And the very fact that many people think they are of great value simply underlines the danger, as I see it, against which the apostle warned.

If the apostles gave us the whole counsel of God—and I take this to encompass matters of both faith and practice—then I cannot see how the church today can claim the right to legislate such annual

22 The American Heritage Dictionary: “a. To make into, treat as, or give the character of an institution to: b. To make part of a structured and usually well-established system.”
23 Westminster Confession of Faith, XX,2.
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observes for God’s people when that very power was denied even to the apostles themselves. Legitimate Church power is only ministerial and declarative. The Church does not have any authority to make new laws for God’s people. The power to make laws for his people is reserved to the Lord Jesus alone. The Church, the bride of Christ, only has authority—as a faithful bride—to see to it that her children are taught the laws of her espoused husband. And if the apostles and their companions really did deposit the final portion of the whole counsel of God for us in their inspired writings, there is neither need nor authorization for any such new legislation.

It is frequently said, today, that the RPW was a Puritan invention, alien to the Continental Reformed tradition. But one can only wonder why those who promote this allegation have apparently never bothered to investigate the historical record. The truth is that the continental Reformers were—in the 16th Century—as ‘Puritan’ as the Puritans themselves. There is a world of difference between the actual historical facts and the misrepresentations of the continental

25 By this I mean ‘authority to innovate, invent and impose’ on God’s people things that were never commanded by the Lord.

26 Theologian Robert L. Reymond recognized this misrepresentation as follows: “J. I. Packer rejected the regulative principle on the ground that it is a ‘Puritan innovation’ (“The Puritan Approach to Worship,” Diversity in Unity (papers read at the Puritan and Reformed Studies Conference, December 1963; available London: The Evangelical magazine, 1964) 4-5). Whatever else may be said about this principle,” says Dr. Reymond, “it must be said that it is not a Puritan innovation...” To the same effect is the comment of Dr. Edmond Clowney in his essay entitled “Distinctive Emphases in Presbyterian Church Polity” in the commemorative volume marking the 50th Anniversary of the founding of the Orthodox Presbyterian Church entitled Pressing Toward the Mark, p. 102. “The regulative principle is not a distinctive principle of English as over against continental Reformed leadership. It is clearly stated in Article Thirty-two of the Belgic Confession (1561).”

27 My thanks to Dr. R. Dean Anderson for the translated material that follows in quotation marks (my emphasis).

28 As concerns feast days: The government shall be petitioned that they allow everyone to work 6 days in the week in accordance with the 4th commandment of our Lord. And if the government ordains any other (feast days) besides the Sunday, the delegated ministers will petition parliament that they inform them in such a way that these ministers may consider how much and in how far one can go here, so that on the one hand people don’t fall into superstition as warned by Paul in Gal. 4, and on the other hand that people will not be led to fight too fiercly against the aforesaid government because of certain feast days.”

The decision of the next National Synod in 1578, held again in Dordrecht, tells the story of the disappointment of the churches in this matter.

“It was indeed to be desired that the freedom from God to work 6 days be permitted in the church, and that only the Sunday be celebrated. Nevertheless since certain other feast days are maintained by authority of the government; namely Christmas day and the day thereafter, likewise the second day of Easter and the second day of Pentecost and in some places New Year’s day and Ascension day; the ministers shall do their best to teach the congregation to transform unproductive and harmful idleness into holy and profitable exercises by sermons especially dealing with the birth and resurrection of Christ, the outpouring of the Holy Spirit, and such like articles of the faith. The ministers of the churches shall do this in those cities where more fast days (than Sunday) are observed by authority of the government. In the meantime all the churches shall work, as far as possible and in the most fitting way, to do away with the normal observance of all feast days except Christmas day (since Easter and Pentecost fall on Sunday).”

These facts become quite clear from the writings of a noted Dutch theologian named Gisbert Voetius (1589-1676). He was a delegate at the famous Synod of Dort, and an authority on matters of Church polity. In his “De Sabbatio et Festis”—towards the end of the second appendix of this tract—he discusses the varied nature of the articles contained in the church order. In this discussion he distinguishes between [1] articles which are prescriptive commands to the churches, and [2] those which are “partly permissive, or concessionary, or tolerating partly limiting, so that if a particular practice has to exist, at least it will be this and nothing more.” Of the latter—one of which deals with such days as Good Friday and Christmas—he says:

“Such articles are not characteristic or intrinsic or voluntary impulses proceeding from the heart of the church; but occasional, extrinsic (just as an eclipse is a characteristic phenomenon of the moon), imposed from the outside, burdensome to the churches, in and of themselves and in an absolute sense unwelcome. Synods were summoned, compelled, and coerced to receive, bring in, and admit these articles, as in the manner of a transaction, in order to prevent worse disagreeable and bad situations.”

In other words, the truth is—as Voetius says—that these “Synods did not willingly furnish or institute [the annual
Reformed position that is so often heard today. The RPW may not be of concern to some American descendants of the continental Reformed Churches, but it certainly was of concern to their fathers.

The RPW and Psalmody

I was present at the 1956 General Assembly of our Church when the content of the first edition of Trinitarian Hymnal was finalized. I also co-signed a protest against the action of that Assembly in “giving approval to hymns other than those derived from scripture itself” and “approving no more than a limited selection of metrical versions of the Psalms.” At this Assembly I heard a number of eloquent speeches setting forth the most persuasive sounding argument for the vast changes that have taken place in the songbooks of most Presbyterian and Reformed Churches. It was the argument that claims that a new era of redemptive revelation generates a new outpouring of songs of praise. And so, the argument goes, the most important period of new redemptive revelation—the apostolic age—demanded an outburst of new songs. I well remember how cogent this theory sounded when I first heard it. The only trouble is that when I thought about it more carefully, and did some historical research, I found that it simply is not convincing.

Let us suppose, for a moment, that the Old Testament book of Psalms was not adequate as the vehicle of praise for the New Testament church. Is it not self-evident that, if this really was the case, the first to realize it would have been our Lord? Our Lord did realize that there was need for a new sacrament. That is why he instituted the sacrament of his body and blood that we call the Lord’s Supper. Yet on the very occasion that he did this he led his disciples in the singing of a psalm out of the Psalter. And, according to all the evidence that I have seen, the apostle Paul followed his Lord’s example. He did not, himself, write new songs. What he did was to instruct both the Ephesians and the Colossians to sing the pneumatic psalms, hymns and songs that they already had—something they could easily do because they had the Psalter in their Septuagint version of the Bible. The apostles were inspired men. If there had been a deficiency in the book of Psalms, which they inherited in the old testament Scriptures, then they would surely have been quick to realize it. And, realizing it, they certainly could have

obedience of days] because they saw in them a better way or more edification. But they were instituted because of the necessity and imposition of them by the magistrate and the people, when after all attempts at stopping the observances, and the decree of the Synod of 1574 to lay them aside, at a certain point of time they were not able to abrogate them—a fact they admitted in 1578.”

It is also worth noting that in the 19th century, the churches of the secession (‘afscheiding’ 1834) once again voiced the concerns of the Reformed churches of old. In Amsterdam, 1836 the ruling was made:

“In that the Holy Scripture strongly admonishes us to stand in the freedom with which Christ has made us free, unto the observance of divine commandments, so ought we in the congregation of the Lord’s Day, that we do not compel people to observe the so-called feast days which the Lord has not commanded in His Word. The Lord’s Day has been set apart by the Lord Himself, and we cannot and may not add to it any feast by human decree. The six work days are given by God in order to be edified out of and by God’s Word, provided that the conscience of men is not bound to the observance of fixed and annually returning feast days; the conscience must be left completely free in this matter.”

The Scottish Reformers were of the same mind as their continental brethren, and were providentially enabled to abolish these days entirely—a result that lasted more than two centuries. (See The Christian Year, in The Dictionary of Scottish Church History & Theology, published by IVP and T. & T. Clark, Ltd. 1993, pp. 170,171).

28 Professor John Murray and Dr. William Young also signed this protest.

29 Minutes of the 1956 General Assembly of the Orthodox Presbyterian Church, p. 53.

30 Much present day argumentation for uninspired songs is based on the presumption that the Psalter is deficient as the song book of the church of the new covenant. Very different was the view of Calvin, who wrote: “I have been accustomed to call this book I think not inappropriately, ‘An Anatomy of all the Parts of the Soul’...In short, as calling upon God is one of the principal means of securing our safety, and as a better and more unerring rule for guiding us in this exercise cannot be found elsewhere than in The Psalms, it follows, that in proportion to the proficiency which a man shall have attained in understanding them, will be his knowledge of the most important part of celestial doctrine...It is by perusing these inspired compositions, that men will be most effectually awakened to a sense of their maladies, and at the same time, instructed in seeking remedies for their cure...There is no other book in which there is found more express and magnificent commendations, both of the unparalleled liberality of God towards his Church, and of all his works, there is no other book in which there is recorded so many deliverances, nor one in which the evidences and experiences of the fatherly providence and solicitude which God exercises towards us, are celebrated with such splendour of diction, and yet with the strictest adherence to truth; in short there is no other book in which we are more perfectly taught the right manner of praising God, or in which we are more powerfully stirred up to the performance of this religious exercise...here there is nothing wanting...here there is nothing wanting which relates to the knowledge of eternal salvation.” (Calvin’s Preface to his Commentaries on the Psalms, pp. xxxvii & xxxix) “...after we have sought on every side, searching here and there, we shall find no songs better and more suitable for our purpose than the Psalms of David,
done something to remedy the deficiency. They could even have given us a book of inspired New Testament songs. But they did not do so. So the argument that new eras of redemptive revelation always bring forth new songs of praise is simply contrary to historical fact.

In my search of the historical material I have been unable to find anything of the kind from the time of the Apostles, or from the century that followed. It can, of course, be alleged that there were such compositions—even many of them—but that, for some reason, they were not worthy to be preserved. It can also be alleged that we have small fragments of such compositions scattered throughout the New Testament. The fact is, however, that there is no proof of any such thing. As Dr. R. D. Dean Anderson put it:

“It is quite common these days for New Testament scholars to talk about the 'hymns' found in the letters of Paul. Of the various portions of Paul's letters singled out for this 'honor,' none has engendered more discussion than Phil 2:6-11.”

“There is no evidence to prove that this passage was ever a song, or was ever sung, let alone in public worship. Statements to this effect are always suppositions. There is simply no way of proving it. What is argued with respect to the passage, is that it represents some kind of deliberate poetical arrangement. There is then the more complex question as to whether it is a piece of poetry which Paul authored himself, or which he quoted. Finally, the supposition is made that this piece of poetry was a song used in worship.”

“Theories abound, but assured solutions are far and few between. Our passage is no exception. Martin notes with respect to Phil 2:6-11: 'Of all the attempts at literary analysis which have been surveyed there is none which meets with general agreement.'”

T he weakness of this whole argument can be seen in the fact that there are no indications that any of these passages isolated as hymns in the New Testament letters were ever used as songs by the early church. If hymns had existed in the apostolic period, and especially if the apostles themselves had quoted from them, then surely they would have been preserved by the early church, or at least given a mention!”

I think it is time for a far greater degree if honesty on the part of New Testament scholars. It is time for them to admit that mere supposition is not the same as proof, and that merely saying 'most scholars agree' does not settle anything. If the historic RPW means anything it means that everything that is part of the public worship of God requires the clear and certain sanction of Scripture. It is my conviction that the RPW is, indeed, the teaching of Scripture. It is also my conviction that one of the great—if not the greatest—needs in the church today is an honest return to this principle.

4 - The RPW as it is being redefined today

As we look at the constituency of the Presbyterian and Reformed heritage, today, one thing is very clear. In many of these churches the old Reformed simplicity of worship has been replaced by all manner of innovation. It can no longer be said that they have


32 The quotations are from Prophetic Singing in the Public Worship of the Church, by Dr. R. D. Dean Anderson. It is posted on the Internet at http://www.spindlewoks.com/library.htm. It is this kind of careful and honest research that is often lacking today.

33 It was Professor J. Gresham Machen who convinced me, long ago, that I should reject the tyranny of the experts.

34 The Rev. C. Lee Irons, in his recent defense of the use of un-inspired hymns, speaks with unusual candor. He admits that seventy-five percent of the hymns in Trinity Hymnal are not worthy to be used in worship. He also says that any new hymns need to imitate the Psalms in order to be worthy. With this kind of honest appraisal of what the past century and a half has produced, the time may soon come when many people will at last admit that Calvin was right all along.

35 Dr. Robert L. Reymond makes this telling comment in his discussion of worship: "...when one walks into virtually any Reformed church today in this country on the Lord's Day, one can never know for sure whether he will be asked to worship in a 'traditional' or 'contemporary,' liturgical or nonliturgical, formal or revivalistic fashion." He also says—and correctly, in my opinion—that “Anyone who will take the time to study the matter

the same song book. In many of them the singing of the one hundred and fifty inspired psalms have been eclipsed by the singing of hundreds of uninspired hymns. And the theologians of the Presbyterian and Reformed churches—even of the more conservative, orthodox denominations—seem to me to have a very different concept of the RPW than that of our Presbyterian and Reformed fathers. Either I do not understand what many of our present-day theologians are saying, or they are now engaged in a process of redefining the RPW. So elastic has the RPW become in their hands that it bears little resemblance to that of any of the Calvinistic Reformers, or to the way in which this principle was understood by Presbyterian and Reformed churches of prior generations. As Dr. T. David Gordon put it: “In the present situation it appears that very few of either the friends or the foes of the regulative principle understand it as it was traditionally understood.”

Another says the historic regulative principle of worship is nothing but a human invention but then—ironically—goes on to make the following startling observation.

“Some who call themselves believers in the Regulative Principle of Worship, believe a version of it that is so elastic as to make it truly unrecognizable as the Regulative Principle of Worship to any honest observer...We would not take kindly to a man who tries to convince us that a cow is an animal with two legs, feathers and gills. He is describing something other than what we call a cow, no doubt about it. So also, true regulativists are those who at least attempt to apply a discreet principle—if it is not commanded, it is forbidden—even if their attempts include improvements. The key is that they own it in a way which leaves the principle recognizable as the one historically received.

Although I regret the quoted writer’s own rejection of the RPW, I have to agree with his observation. What we are faced with in the Reformed tradition today is virtually a de facto demolition of the RPW by way of redefinition.

Part 5 – Some Modest Suggestions

[1] As I see it, therefore, the need of the hour is precisely what Dr. T. David Gordon has called for. “If there is to be intelligent, ultimately fruitful discussion of the Reformed understanding of worship, such discussion must have sufficient respect for the Reformed tradition to engage the significant published expressions of that tradition.” As Reformed Christians we still confess the Scriptures to be the only rule of our faith and practice. We also profess that its teaching is sufficient and that we are therefore free from all doc-

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39 This is Rev. Schlissel’s label for people who still believe—and seek to faithfully put into practice—what he calls the RPW.


41 The Westminster Confession defines worship as consisting of various “parts” (or elements) such as prayer, preaching, reading of the Scriptures, singing of psalms, and administration of the sacraments. Dr. Vern Poythress does not like this formulation, and therefore redefines worship in such a way as to deny that there are different parts or elements, insisting, instead, that there are just different ways of doing the same thing. (For more on this see Michael Bushel’s book entitled The Songs of Zion, p. 47 where the author correctly says: “we freely grant that singing, preaching, prayer, and teaching all have certain aspects in common. Singing, preaching, and prayer all to varying extents manifest teaching functions. We also grant that there are different ways or means of applying the Word of God to given situations. But this observation does not in itself settle the question of whether or not singing is a distinct or separate element of worship...We do not claim that these are... independent elements of worship, but we do claim that they are separately commanded and that because they are distinguishable from one another, they are distinct elements of worship. We therefore claim that a specific scriptural warrant as to content is demanded for each.”


43 Westminster Larger Catechism Q/A 3.

44 “The whole counsel of God concerning all things necessary for his own glory, man’s salvation, faith and life, is either expressly set down in Scripture, or by good and necessary consequence may be
The Regulative Principle of Worship

trines and commandments of men in the sphere of worship—not only those that are contrary to the word of God, but even those that go beyond it.\textsuperscript{45} But today, in the many Presbyterian and Reformed Churches, the tension between the historic profession ("only what God has commanded") and the present practice (with many things that God has not commanded) is now reaching the breaking point.

[2] I believe this tension is the real reason for the deepening lack of unity that we find today, in the things that have been written with respect to both worship theory and worship practice.\textsuperscript{46}

[3] Presbyterian and Reformed Churches are at the fork of a road and must go one way or the other—and neither choice appears to be easy or pleasant. If we continue to accommodate more and more practices that clearly contradict—or, at the very least, stretch to the breaking point—the historic construction of the RPW, then we will either have to go along with those who want to demolish the RPW by way of redefinition, or join those who have declared their emancipation from it. Since the end result of these will be virtually identical, I treat them as a single option. The other option, of course, is to begin the very difficult work of putting away practices that contradict our confession. This is never easy. It was not easy in Calvin's day, and it will not be easy in our own. But this option does have one very notable advantage: it is the right thing to do, and doing the right thing has a way of yielding rich benefits in the long run.

[4] I therefore wish to urge that we simply make a more concerted effort to live up to our profession. The RPW is not something peculiar to only some of us in the IC\textsuperscript{R}C. It is our common heritage. And there are at least some encouraging signs that a change for the better may be coming.

I had occasion to study the RPW while serving as a pastor in the Reformed Churches of New Zealand. During that time I was privileged to serve on the committee that revised the Church Order\textsuperscript{47} in such a way as to stop short of imposing the celebration of special days, other than the Lord's Day, on God's people.\textsuperscript{48} It has also come to my notice that the Canadian Reformed Churches have made a similar modification, leaving their churches free to decide for themselves in what manner, and at what time, they "commemorate the birth, death, resurrection and ascension of the Lord Jesus, as well as His outpouring of the Holy Spirit."\textsuperscript{49} Something similar—though not quite so clearly formulated—is found in the revised Church Order of the newly organized United Reformed Churches of North America. What had been once been required (in the Christian Reformed Church), is now simply permitted (in the \textsuperscript{UCNA}). These Churches may choose to commemorate these great redemptive events on the traditional days—but it is no longer said that they must.\textsuperscript{50}

I want to express my appreciation for such improvements. Before the recent secession of several congregations from the Christian Reformed Church, I felt constrained, because of the need, to pastor—even in retirement—a small group of people in Northwest Iowa as an organized Orthodox Presbyterian Church. Some of the people who became part of this congregation had belonged to the Christian Reformed Church but could no longer continue with a clear conscience. One of the things these people came to appreciate in our small congregation was a complete freedom from the imposition of things not instituted by our Lord—things such as Good Friday and Christmas. And so, when the secession churches in our area emerged, this liberty was a matter of concern to us even though we saw it as our Scriptural duty to seek unity with these seceders. I am happy to say that we were warmly received, and received with the assurance that we would remain free from any obligation to observe special days were mandated. The revised Church Order says "Corporate worship services on other days than the Lord's Day are left to the freedom of the churches."

\textsuperscript{45} Westminster Confession of Faith, I,6.
\textsuperscript{46} Cf. footnotes 35 and 41.
\textsuperscript{47} At first the Reformed Churches of New Zealand made use of the Church Order printed in the 1934 edition of the Psalter Hymnal of the Christian Reformed Church, in which a number of hymns which faithfully and fully reflect the teaching of the Scripture as expressed in the Three Forms of Unity may be sung, provided they are approved by the consistory. (My emphasis).
\textsuperscript{48} Article 53. This revision also stopped short of requiring the use of praise compositions other than the Psalms.
\textsuperscript{49} Article 52. I cannot see that this article would prevent a consistory from simply allowing the regular course of catechetical preaching to be the sole manner in which each of these redemptive events is emphasized. Perhaps I should add that the OPC has never mandated any observance of such.
\textsuperscript{50} The \textsuperscript{URCNA} has also refrained from making the singing of uninspired hymns mandatory. In its revised Church Order it says: "The 150 Psalms shall have the principal place in the singing of the churches. Hymns which faithfully and fully reflect the teaching of the Scripture as expressed in the Three Forms of Unity may be sung, provided they are approved by the consistory." (My emphasis).
those humanly invented days, even though it was made clear that they would continue to provide worship services on those days for those who wanted to continue to have them.

It is sometimes alleged that adherents to the historic RPW are primarily interested in keeping other people from doing what they want to do, when they want to do it, such as remembering the birth of Jesus on the 25th of December. I would like to say—as one who remains convinced that the RPW is the teaching of the Bible—that I have no desire to keep anyone from remembering the birth of Jesus on the 25th of December, if they wish to do so. All I ask—as a Christian and as a minister of the gospel—is that those who want the freedom to do this allow me the freedom not to do it. I do not believe that any individual has a right to impose his (or her) free preference on me with respect to things not commanded by the Lord. And I do not believe that any church has the right to do it either.51 Indeed, it is right here that the Apostle Paul himself drew the line of demarcation.52 Those of us who can find no warrant in the Word of God for any recurrent observance of days other than the Lord’s day must not impose our conviction on those indi-viduals who want to observe these days. But the reverse is also true and, in my experience, those who want to observe these days—precisely because their view is the popular one—are far more often the ones who have been only too willing to impose their view on those of us who do not.53

51 I am aware of the fact that the Second Helvetic Confession is more concessive here than any of the other Reformed Confessions. But it is important to take note of all that it says: “If the Churches do religiously celebrate the memory of the Lord’s nativity, circumcision, passion, resurrection, and of HIS ascension into heaven, and the sending of the Holy Spirit upon His disciples, according to Christian liberty, we do very well approve of it” (XXIV, 3). Much depends, here, on whether or not the words I have put in bold type receive their due. And another article (XVIII, 14) of the same Confession sheds important light: “no man can forbid by any right that we may return to the old appointment of God, and rather receive than the custom devised by men” As I read this it means that I—and others of my conviction, even though we constitute a minority—have every right to adhere to the apostolic custom of not observing any specifically designated annually recurring days at all, but only the weekly Lord’s Day. If the words in bold type are taken seriously the Second Helvetic Confession is in harmony with the other Reformed Confessions.

52 Romans 14:5, 6a, 13.

53 It is much the same when it comes to the singing of God’s praise in worship. Although the Orthodox Presbyterian Church chose (mistakenly, in my view) to approve several hundred uninspired hymns for inclusion in Trinity Hymnal—while, at the same time, failing to provide at least one version of each psalm in the biblical Psalter—it has never sought to impose the singing of these on those who cannot in good conscience do so. There is still a considerable measure of respect, in other words, for the historic concerns that I have tried to articulate in this paper.

54 “For decades now evangelical churches have been conducting their services for the sake of unbelievers. Both the revivalistic service of a previous generation and the ‘seeker service’ of today are shaped by the same concern—appeal to the unchurched. Not surprisingly, in neither case does much that might be called worship by Christians occur. As a result, many evangelicals who have been sitting for years in such worship services are finding their souls drying up, and they have begun to long for something else…The real cure to the problems in contemporary worship will be found in the simple, spiritual, substantial, and serious worship of the Reformed faith and liturgy.” A New Systematic Theology of the Christian Faith, by Dr. Robert L. Reymond. p. 873.